



Questions to Ask Your Psychiatric Medication Provider

1. What is _____ and how confident are you in the diagnosis?
2. What experience do you have treating _____?
3. What options are available for treating _____?
4. Why are you choosing this particular medication/treatment and not another?
5. What are the more likely side effects? When (if ever) would a side effect warrant medical attention?
6. How long does this particular medication/treatment typically take before I start to feel changes, and what do those changes look like?
7. What would be your next steps if this medication/treatment didn't work?
8. What will collaboration with my other providers (i.e. therapist, PCP) look like?
9. What do I do in case of an emergency in-between visits?
10. What do I do if I run out of medication in-between visits?



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