

\*This is a sample of what most inpatient facilities allow..- Your specific facility may have different requirements.



# What to Bring Inpatient

## Clothing

- Jacket/coat
- Sweaters/sweatshirts without strings
- Jeans/Pants without strings
- Shirts
- Undergarments, underwear
- Socks (comfy ones!)
- Shoes & slippers
- PJs (without strings)

## Misc

- Cane, walker, wheelchair
- CPAP machine
- Watch

## Personal Care

- Shampoo/conditioner
- Body wash
- Deodorant
- Toothbrush (usually not electric)
- Toothpaste
- Hairbrush
- Make-up
- Feminine hygiene products
- Eye glasses/contacts w. solution

## Things to Do

- Magazines, books, notebooks without metal spiral binding, coloring books & markers

## People to Contact

- School \_\_\_\_\_
- Work \_\_\_\_\_
- Landlord \_\_\_\_\_
- Other \_\_\_\_\_